

ANNUAL MEETING
SUNDAY, JUNE 4TH

Participate in person or on Zoom.

CIRCLE OF FELLOWSHIP

Monthly Message for All Ages -June 2023

**We create change: in ourselves, in the world.
Embracing peace, love, and understanding
that goes beyond individual belief systems,
we are creators of positive change in people
and in the world.**

OUR MISSION

**To be a welcoming diverse congregation that
values spiritual growth and service to the
local and world community.**

The First Universalist Society
of Central Square, New York.
3243 Fulton Street
Post Office Box 429
Central Square, NY 13036-0429
Building Phone: 315-307-3400
Website: CentralSquareUU.org
Facebook:

www.facebook.com/pages/UU-Central Square

Trustees

Erin Barry	Marcia Burrell
Janie Garlow	Nancy Hallock
Winfield Ihlow	Ellen LaPine
Ann Peterson	Ronna Schindler
Arny Stieber	Lucy Stieber
Paul Wenham	Susan Woods

We are more than a “church”. We are a community that believes in the **Seven Principles** which are grounded in the humanistic teachings of the world’s religions.

1. The inherent worth and dignity of every person.
2. Justice, equity and compassion in human relations.
3. Acceptance of one another and encouragement to spiritual growth in our congregation.
4. A free and responsible search for meaning and truth.
5. The right of conscience and the use of the democratic process within our congregation and in society at large.
6. The goal of world community with peace, liberty, and justice for all.
7. Respect for the interdependent web of all

existence of which we are a part.



Welcome to All

JUNE EVENTS CALENDAR

- * **Sunday, June 4th -9AM -Trustee Meeting**
(in person & Zoom)
- * **Sunday, June 4th Annual Meeting**
After Service (in person & Zoom)
- * **Wednesday, June 28th Book Club**
“The Rose Code” by Kate Quinn
(Zoom only)

**SUNDAY SERVICE CONVERSATIONS and
Welcome Back Albert!**

June 4th- Rev. Kurt Hohmann

Embracing the Gift of Delight

Delight is an everyday gift, a reminder that life is meant to be enjoyed, and that we should always be seeking out those things that bring us happiness.

June 11th – Rev. David Weissbard. Pride Month.

June 18th – Rev Bud Adams

June 25th – Irish Club Speaker. Coordinated by Ann Peterson.

Link to Service

<https://zoom.us/j/94662078732?pwd=V3d6eWlvSWMyUUlaNlhUNIRQK2Z4UT09>

July is TNT Month! Talk and Tunes.

We are giving our ministers a summer break, so on the 1st, 3rd, and 5th Sundays we will have Tunes – a variety of genre - provided by outstanding local musicians. On the 2nd and 4th Sundays we’ll have speakers who will enlighten us on topics that are sure to hold our interest. As usual, Talk and Tunes will be on the regular Service Zoom link so you can join in wherever you are!

Check the [web site](#) for details.



- The Committee has been doing the following:
- * Found a lawn maintenance company that offered their service at no cost.
 - * Negotiating with the parking lot owner to reduce or, ideally, eliminate our \$1,300.00/year fee.
 - * Negotiating with the new Agway building owners to provide them with contractual access to the road between the two buildings and possibly parking space on their side of our property.
 - * Reviewing old records and deeds re. building ownership.

EDUCATION FOR YOUTH & ADULTS



MONTHLY STORY FOR ALL AGES

Ronna Schindler

READING SUGGESTIONS FROM MARCIA BURRELL

This site brings you to information about famous UU Women in History. An enriching resource for UU ☺
<https://www.uua.org/pressroom/stories/celebrating-uu-women-history>



UUA WOMEN OF NOTE Sophia Lyons Fahs (1876-1978)

Without Sophia Lyon Fahs, UU religious education would not be what it is today. Fahs revolutionized the way traditional religious education was taught, making complex theological concepts and history more accessible and exciting for a younger audience through



Ralph Singh & Spouse

Our May Presenter

Pastoral Care

Rev. Bud Adams is the minister to call if someone needs pastoral care. If you or someone else you know needs to speak with a minister please contact Bud at (315) 395-1926 or (315) 637-0468. His email is bud.adams.1@juno.com

SOCIAL JUSTICE COMMITTEE – Nancy Hallock

Our ongoing projects are:

- * Pure Water for the World
- * Donations to the food pantry @ Divine Mercy
- * Collect winter accessories for Lioness of Hasting
- * Red Cross Blood Drive
- * Adopt-a-highway 3x/year

We are coordinating with UUC for future fundraisers.

MARKETING COMMITTEE – Arny Stieber.

In the continuing effort to attract attention to 1st U and our Principals, we are developing a double message T-shirt that, hopefully, will generate dialogue with the viewer. Our web address will also be featured. Many people are unfamiliar with UUs and don't know that we exist. If we want our congregation to grow, each of us needs to be an ambassador and promoter. We will be taking order soon!

MAINTENANCE COMMITTEE – Arny Stieber.

storytelling, painting, and other forms of creativity and self-expression. Fahs wrote 40 books and served as editor of Children's Materials for the American Unitarian Association. Living to the age of 102, Fahs never ceased in her quest for knowledge and innovation.

UU BOOK CLUB

The UU Club typically meets on the last Wednesday of each month at 2PM. Zoom only.

The reading schedule is:

June 28th – "The Rose Code" by Kate Quinn

It is not necessary to be member of the congregation to participate. Most books are readily available through the library or on-line, or discount books. Please contact Nancy Hallock (315) 533-7067 if you are interested in participating.

SOUL MATTERS THEME for June

THE PATH of DELIGHT

Because the road

turns long and lonely sometimes,

I built this box of delight.

I picked up the lid and into it I put...

My children laughing, together.

The look of giddy disbelief on my mother's face when that black -capped chickadee swooped in and landed next to her knee, waking her up from her Alzheimer daze.

The bitter bite of rhubarb pie smothered by a spoonful of half-melted vanilla ice cream.

Roahl Dahl or Neil Gaiman's books read at bedtime. Kick ball.

Deep dish pizza. The smell of a tangerine. French press.

The bite of a perfectly made croissant, proving that decadence sometimes purifies the soul.

An artichoke, with no limits on the butter.

Mix-tapes made with tunes from the eighties.

Sweatshirts worn faithfully for 20 years, their holes a reminder that to be used up is a gift.

The first fall tree to boldly burn red while its less-brave siblings stay safely green.

No, scratch that.

Instead let's put in having a loved one save you some black raspberries.

Your partner's face after finally snorkeling in the waters of St. John.

My 6 year-old daughter writing "I love you Mom and

Dad" on our car seat in permanent marker

The feeling of getting warm after being cold.

And the knowledge that all this will be gone, but is not gone yet.

That's what's in my box...

I wonder what you'll put in yours.

Please send all newsletter items or suggestions to Lucy Stieber at lastieber@aol.com or call 734-678-6533

Sound Bath Presented by Leigh Parry-Benedict May 21, 2023 Admission: \$10
Cash or Venmo Participants will be immersed in the healing vibrations of Tibetan singing bowls, Alchemy and frosted crystal singing bowls, Native American flute, Shamanic drum, tongue drum, and Zen chimes. You may choose to sit, or lay down on your yoga mat, towel, blanket, or the pew cushions while receiving the healing sounds. The sound bath is a meditative experience and gives you many of the same benefits of practicing yoga and can help lower blood pressure, reduce stress and anxiety, and help increase your overall well being.