

## **CIRCLE OF FELLOWSHIP**

# The First Universalist Church of Central Square

A Unitarian Universalist Congregation

The Rev. Margaret Hart, Minister	668-1268
Andrea Abbott, Lay Speaker	635-7122
Janie Garlow, President	668-1631
Ronna Schindler, Religious Education Coordinator	623-7685
Rita Thornton Director of Music	699-4824

Our church building is handicapped accessible.

Routes 49 West & 11, Post Office Box 429, Central Square, New York 13036 Phone: 668-6821

#### **OUR MISSION STATEMENT**

The mission of the First Universalist Society of Central Square is to be a welcoming, diverse congregation, which values spiritual growth and service to the local and world community.

**NOVEMBER 2008** 

#### **MINISTERIAL MUSINGS**

Dear friends.

This column will be short this month, not because I have so little to muse about, but because it's after 9:30 on Friday evening and I am scheduled to leave in the morning to spend the day at a workshop at the Unitarian Church of Barneveld. The workshop is on growth for small congregations, and a team from Central Square will be attending. I also attended the UU ministers' retreat earlier this week, plan to have a meeting of the CNY Cluster in Central Square on November 6, and will go to a workshop on contemporary worship at the Unitarian Church of Rochester on November 15. It feels as though I am pretty busy. I have a lot to share already, and will have even more before the end of November. I am looking forward to finding time and ways to share with you. If I don't reach out to you, you'll understand why. But, as usual, if you want to be in touch, please e-mail me (marghart@a-znet.com) or phone me at (315) 668-1268. If I don't answer you right away, please leave me a message and I'll get back to you as soon as I can. See you in church.

With love and respect, Margaret

Come join in our new
Spiritual Discussion Group.
We will meet for our first time
after worship services on Sunday, November 16th.
(Location to be announced.)

All who wish to share and learn about various topics of spirituality, religion, and divinity in an informal atmosphere are welcome.

The opening topic of discussion will be "What spirituality means to me."

Bring any thoughts, feelings, or documentation you wish to share and above all an open heart, mind, and spirit.

Contact John and Pam Landers at 458-5615 or on the web at <a href="mailto:appleheartsip@aol.com">appleheartsip@aol.com</a>
for more information or questions you may have.

Note: Please have items for the next newsletter to Bob Haskell by no later than NOON on SATURDAY, DECEMBER 6. Bob would be grateful if everyone would have articles to him as soon as possible and not wait until the last minute. His address is 29 Grove

Street, Baldwinsville, NY 13027-2332; his telephone number is 635-5294; his e-mail address is rhaskell@twcny.rr.com

#### SOCIAL JUSTICE COMMITTEE AND GREEN REPORT

Hello all,

It's been a long time since I reported. I had a great summer and now need to get back on track at church. On October 26 the Social Justice Committee met, and is setting up a couple projects. We have a book we would like to encourage all to read: "Hundred Dollar Holiday: The Case For A More Joyful Christmas" by Bill McKibben. Learn how the store-bought Christmas developed and ways we might find this wonderful time of year more relaxed and spiritual. I have library copies as well as new editions. We can pass them around and meet to discuss how this affects you, and how we could support each other on this journey. It is a short book, but could spur good talk and contemplation.

The Green Committee would like to thank Ellen Lapine for her great monthly "Green Minutes" contribution. We thank everyone who has continued to help our recycling efforts at church and hope you are doing so at home. Encourage more awareness and compliance at your job. Don't forget that we have an ongoing BOTTLE DRIVE in which Larry Linder has been responsible for all returns. Which reminds me; we will be updating you on the status of the "Bigger Better Bottle Bill" and hope we can continue to support it until its passage.

I used to cut out every article I saw about the environment, recycling and global warming. Now there is one or more in every newspaper and magazine. It's wonderful! I encourage all of you to stop buying bottled water and take your reusable bags to the store. Join our next meeting, date to be announced. Bye now.

- Nancy Hallock, chair, Social Justice Committee

#### **GREEN MINUTE: PAPER OR STYROFOAM?**

Americans throw away an estimated 25 billion styrofoam cups every year. Scientists say that the same styrofoam cups we used this morning will be sitting in a landfill 500 years from now. Styrofoam and other petroleum-based products are difficult to dispose of and burning styrofoam releases more than 90 different harmful compounds including dioxin, which raises cancer risk. While it might seem obvious that paper cups are a better alternative, life cycle assessment studies of the two indicate otherwise. After considering the inputs and outputs of materials and energy as well as all of the associated environmental impacts of paper, it is estimated that styrofoam cups release 35 percent fewer toxic chemicals into the environment and require half the energy to produce than paper cups. Life cycle assessment studies of plastic bags versus paper bags produce similar findings on this paper product, proving that neither is an environmentally sound choice.

So what do we do in this fast-paced, take-it-with-you world we live in? The best and cheapest alternative is to use your own mug. Many places like Nice-n-Easy and Starbucks give you a discount when you use your own mug. If you go out to eat, bring your own refrigerator container as a doggie bag instead of using the styrofoam container a lot of restaurants provide. Do they wrap your hamburger in a piece of paper or foil or do they use a styrofoam box? Remember, less packaging is always the best way to go, so don't be shy, ask them to wrap it in something different or get your fast food at a different place that uses less packaging.

If you just can't give up using throw-away containers, no matter the reason, remember products like cutlery and cups, trash bags and take-out containers that look like regular plastic but are 100 percent biodegradable are available today. There are a few local restaurants that are using these products. Just look at the bottom of the container and it will tell you what it's made of. Post-consumer recycled paper, bamboo, corn plastics and the like are easily renewable resources and biodegrade when composted. Every ton of 100 percent post-consumer waste recycled paper products you buy saves 12 trees, 1,087 pounds of solid waste, 1,560 kilowatts of energy, 1,196 gallons of water, 1,976 pounds of greenhouse gases, 3 cubic yards of landfill space and 390 gallons of oil.

- Social Justice Committee's Green Team

#### **COFFEE AND CHAT**

Women and men of the church will gather for Coffee and Chat at Panera Bread on Route 31 in Clay at 9:30 a.m. on Wednesday, November 19. All are welcome to join in casual conversation and to enjoy coffee or tea and other goodies.

The women's and men's groups meet separately. For information about the women's group, you may contact Nancy Haskell. For information about the men's group, you may contact Chet Perkins.

UU congregations covenant to affirm and promote justice, equity and compassion in human relations.

UU congregations covenant to affirm and promote acceptance of one another and encouragement to spiritual growth in our congregations.

#### **ANNUAL GOODS AND SERVICES AUCTION**

November 9th is fast approaching, which is the date of our spectacular goods and services auction. What do you have hidden away or what talent can you offer for sale? Don't limit yourself to just one item. This is one of our most enjoyed activities. We will have a plethora of lunch snacks to nourish you through the excitement and suspense of rabid bidding for your favorite auction items. Please mark this day on your calendar as one to stay late at church after the service. You won't be disappointed.

- Kurt Schindler, president, UU Circle

#### RESULTS OF THE RUMMAGE SALE AND UU CIRCLE FOLLOW-UP

After counting up the money, the checks, and the change and wrapping up everything neatly for the Bank America folks, we made a wonderful profit of \$1,007.50.

Our expenses were low, \$84 for signs used on the highway and \$50 for the gas card which we raffled off. Thanks again for everyone who contributed in many ways and who gave of their time and worked together setting up, pricing, putting up signs, cooking, being cashiers, brain-storming, tearing down, and many other jobs that made our first rummage sale a success.

So many people went out of the door saying that ours was the best sale that they had ever been to. Thanks again for working together to make this such a success.

Peace.

- Ann Peterson, secretary-treasurer, UU Circle

#### WHERE DID THE LEFTOVERS GO?

Boots and warm clothing: Women Transcending Boundaries for the Center for New Americans.

Jewelry and purses: ARISE

Books: Shacksboro School Museum, Baldwinsville

American flags: American Legion. to be properly disposed of

**Food donations: Downstairs Scotty** 

**Everything else left over: Downstairs Scotty** 

Thank you as we continually support other agencies and groups. That's what we are all about, people helping people.

- Rita Thornton, fellowship chairperson, UU Circle

#### **DOUBLE CONGRATULATIONS**

Wesley Ihlow is one of 13 high school students from Oswego County who has been inducted into the Oswego County Youth Court.

The new Youth Court members took part in a 20-hour training class and passed a "bar exam" in July. These students help by working with first-time youthful offenders by influencing them in a positive way and becoming positive role models.

Wesley's parents are Marcia Burrell-Ihlow and Winfield Ihlow.

As of September, Marcia is an associate professor at the State University of New York at Oswego where she is a member of the Department of Curriculum and Instruction.

#### **SOMETHING NEW HAS BEEN ADDED**

Contact information for church leaders has been posted on the bulletin board in the minister's office, where it will be easily available to all.

You will find telephone numbers and e-mail addresses for the Reverend Hart, Lay Speaker Andrea Abbott, Music Director Rita Thornton, Religious Education Coordinator Ronna Schindler, Executive Board officers, standing committee chairmen, and other church leaders.

If you notice any errors, or have questions or comments, please contact me by telephone, 668-6719, or e-mail, <a href="mailto:mperkins9@twcny.rr.com">mperkins9@twcny.rr.com</a>.

- Mary Perkins, Organizational Task Force

UU congregations covenant to affirm and promote a free and responsible search for truth and meaning.

UU congregations covenant to affirm and promote the right of conscience and the use of the democratic process within our congregations and in society at large.

#### COLOR WHEEL HELPS RELIGIOUS EDUCATION CHILDREN LEARN

The children have been very busy learning the seven principles through the color wheel.

By attaching a visual it is easier for the brain to grab hold. Try it.

Red — Respect each person as a unique individual

Orange — Offer fair and kind treatment to all

Yellow — Yearn to learn with others at church

Green — Grow by searching freely for what is true

Blue — Believe in yourself and your ideas

Indigo - Insist on a world of peace and freedom

Violet — Value the interdependent web of life

We will be working on our holiday program throughout the month, along with continuing to create our "rainbow."

With the winter season approaching we will again be creating fleece blankets to donate to those in need.

Our thankful wreath is shaping up and should have a place of honor on our classroom door by the middle of the month.

Share a child's wonderment, be amazed, life is a gift.

- Ronna Schindler, religious education coordinator

#### **OUR NOVEMBER 9 GUEST PREACHER**

The Rev. David Weissbard, who will preach at the worship service at 10:30 a.m. on Sunday, November 9, has served as a parish minister for more than 40 years.

He attended St. Lawrence University in Canton, New York, where he earned a bachelor's degree. He then entered the theological school at St. Lawrence in 1962 and earned a graduate degree in theology.

The Reverend Weissbard began his parish ministry at the First Parish in Bedford, Massachusetts. He then served as minister of the Unitarian Universalist Congregation of Fairfax in Oakton, Virginia. Next he became minister of the Unitarian Church in Rockford, Illinois, in August 1979. The Reverend Weissbard continued in Rockford for 27 years, until he retired as senior minister in 2006.

He now lives in Canton, and has recently preached at the Unitarian Universalist Church of Canton, All Souls Unitarian Universalist Church in Watertown and the Unitarian Universalist Fellowship in Chautauqua.

This is his second trip to our church as a guest minister.

#### **UUSC HOLIDAY CARDS**

Check out the samples of holiday cards from the Unitarian Universalist Service Committee which can be seen in the church dining room. Anyone wishing to

order cards is asked to contact the Rev. Margaret Hart.

#### **EXTENDED CHOIR REHEARSAL**

This month's extended choir rehearsal will be November 15th from 10 a.m. to noon.

If making a full-time commitment to choir doesn't work for you, how about part-time for the holiday season? Everyone loves holiday music. Rehearsal begins at 9:30 on Sunday mornings. Would love to have you even if it is for a short while.

- Rita Thornton

#### **DOWNSTAIRS SCOTTY**

Remember the Downstairs Scotty as you shop. Our congregation's contributions to this local program are non-food items: soap, detergent, bathroom and facial tissues, toothpaste, and the like. Our collection box is in the East Room, under the water dispenser.

#### PRINTED COPIES AVAILABLE

If you are receiving an e-mail copy of this newsletter but would prefer to receive a printed copy instead, please inform Bob Haskell. A few printed copies are available each month on the table in the East Room of the church.

UU congregations covenant to affirm and promote the goal of world community with peace, liberty and justice for all.

UU congregations covenant to affirm and promote respect for the interdependent web of all existence of which we are a part.

#### **OUR CHURCH ENJOYS TWO CELEBRATIONS**

Our church celebrated two special events on Sunday, November 2.

With her sister Marra, proud parents, grandparents and many other family members looking on, Madelena May DiGiovanni was dedicated during the morning worship service. The Rev. Margaret Hart conducted the dedication during the well-attended service.

Madelena May was born to Cheryl and Mike DiGiovanni on Friday, May 23, 2008. Her grandparents are Chet and Mary Perkins of Hastings, long-time members of our church, and John and Gina DiGiovanni of Rochester.

In a second ceremony that followed the worship service on the same day, the Reverend Hart led the service of dedication for the Goettel Room. She read a note she had received from Phil Goettel, son of the late Vernon Goettel, and her reply to it. Diane Gervaise, Vernon's niece, spoke on behalf of the family to those gathered for the ceremony. She was joined in attendance by two of her four sons, Tyler and Chris; a granddaughter, Courtney Gervaise; and a daughter-in-law, Charlene Gervaise. After Janie Garlow, president of the congregation, read the words on the plaque placed on the door to the room, many of those present gathered for a cake in the church dining room.

#### SOME THOUGHTS BY OUR PRESIDENT

My Dear Friends,

The recent event at the Unitarian Universalist church in Knoxville, Tennessee, comes close to home. It was a crime of hate ... a crime against religious liberals like us. This is a critical time in our history ... a time to set aside our differences and stand up united for what we believe in and embrace the bigger picture. Our church has been in Central Square for more than 100 years, the last of its kind in this county. It is our responsibility to keep our church healthy for the next 100 years. I have a phrase I use when I think of what I can do for my church. I call it the Perkins Principle, two people who are always working behind the scenes, often anonymously for the betterment of the whole ... true stewards of our church, not to diminish many other wonderful, dedicated people. The Perkinses have been doing it longer. We need to work together. We need people to take leadership positions. We need younger people to carry on the tradition. We can all learn the Perkins Principle. Let's step up to that bigger picture and make our liberal voices heard. We may not always agree, but we are on the same path. May we walk together on this spiritual path with our hearts open to each other with love?

In Peace, Janie

#### SPLINTERS FROM THE BOARD

The Rev. Margaret Hart told members of the Executive Board at their regular monthly meeting on Sunday morning, November 2, that the past week had been a busy one for her, and that it was difficult to judge how her quarter-time ministry was working out.

Treasurer Chet Perkins told the Executive Board that the church enjoyed a good month financially during October because of money received in pledges and building fund contributions. He said that as of November 1 the Operating Account had a balance of \$3,568.62 and the Random Acts of Kindness Account had a balance of \$313.

Trustee Ann Peterson, secretary-treasurer of the UU Circle, reported that the Circle had done well on its rummage sale and had raised just a bit more than \$1,000.

Chester Perkins said that inspection of the rear roof of the church showed that little damage had resulted when part of a tree fell on it recently.

The Board agreed to send letters of appreciation to the UU Circle for carrying out the rummage sale and to Winfield Ihlow and Ronna and Kurt Schindler for conducting a weekend outing for the children of the religious education program at the Amboy 4-H Environmental Center on November 1 and 2.

The Board approved the motion that "because the huge sign in front of the church speaks to the community on behalf of the entire church, it is required that the words that appear on the sign must be approved beforehand by the Worship Committee."

The living tradition which Unitarian Universalists share draws from many sources, including direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life.

Circle of Fellowship 5 November 2008

The living tradition which Unitarian Universalists share draws from many sources, including words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love.

#### **CALENDAR**

#### November

- 6-7 to 9 p.m., Central New York Cluster meets in our church.
- 9 9:30 a.m., Choir rehearsal. 10:30 a.m., Worship service. The Rev. David Weissbard, guest speaker. 11 a.m., Religious education. Service and Merchandise Auction after the church service.
- 13 8:30 a.m., Worship Committee.
- 15 10 a.m. to 12 noon, Choir practice. 9:30 a.m. to 4 p.m., Contemporary Worship Workshop, First Unitarian Church in Rochester.
- 16 9:30 a.m., Choir rehearsal. 10:30 a.m., Worship service led by Andrea Abbott, lay speaker. 11 a.m., Religious education. Spirituality discussion group with John Landers after the service.
- 19 9:30 a.m., Coffee and Chat at Panera Bread, Route 31, Clay.
- 23 9:30 a.m., Choir rehearsal. 10:30 a.m., Worship service led by the Rev. Margaret Hart. Guest at Your Table. 11 a.m., Religious education.
- 30 9:30 a.m., Choir rehearsal. 10:30 a.m., Worship service led by Andrea Abbott, lay speaker. 11 a.m., Religious education.

#### **December**

7 — 9:30 a.m., Choir rehearsal. 10:30 a.m., Worship service. Guest speaker to be announced. 11 a.m., Religious education.

#### Regular meetings

Tuesdays -7 p.m., Chanting and meditation. People who are interested should call Tim Hart at 439-2541. Wednesdays -7:07 p.m., Men's Group.

#### LAST CALL TO DONATE TO THE UU CIRCLE SERVICE AND MERCHANDISE AUCTION NOVEMBER 9

Donations that have been popular in the past were food items (prepared meals, breads, desserts), handyman or home repair labor, services such as computer work, car detailing and window washing, musical performances, outings (bird watching, rock hounding), gift baskets and hand-crafted items. Other items that might be of great interest are computer instruction/help, rental of sporting equipment, boat rides, fishing trips, specialty dinners, lawn mowing, yard work, child care, garage and basement cleaning, gardening help, have truck -- will haul, nature walks, etc.

#### **UU CIRCLE AUCTION DONATION FORM**

Name					
Address					
Phone Number					
I/We would like to offer the following services/items:					
Suggested minimum bid (optional)					
Check if you want your service/item offered only to the immediate church family. Thank you for your contribution!					
Please return this form this week to Rita Thornton, 8043 Trina Circle, Clay, NY 13041.					

The living tradition which Unitarian Universalists share draws from many sources, including wisdom from the world's religions which inspires us in our ethical and spiritual life.

Circle of Fellowship 6 November 2008

The living tradition which Unitarian Universalists share draws from many sources, including Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves.

#### **BUILDING COMMUNITY THROUGH WORSHIP**

Most congregations in the St. Lawrence District are working to build multigenerational communities, and many are looking for help in the area of worship. If that sounds like you, here are some ideas:

Send a diverse team to the November 15 "Creating Engaged Celebration" workshop in Rochester. Information and flyer is at <a href="http://www.sld.uua.org/pdfs/NewWorshipBrochure11-15-08.pdf">http://www.sld.uua.org/pdfs/NewWorshipBrochure11-15-08.pdf</a>.

Scripted services as well as guidance about creating intergenerational worship and a survey about Joys and Concerns can be found at <a href="http://www.uuintergenerational.org">http://www.uuintergenerational.org</a>.

Watch the DVD "Ideas for Worship" which came out of the 2007 Contemporary Worship Conference (\$8 from the UUA bookstore -- item 7321), and use the free discussion guide (<a href="http://www.uua.org/documents/congservices/yacm/ideasforworship\_guide.pdf">http://www.uua.org/documents/congservices/yacm/ideasforworship\_guide.pdf</a>).

— Karen LoBracco, program consultant for the St. Lawrence District <u>klobracco@uua.org</u> Home office: 585-637-6374

#### **GREETINGS FROM YOUR DISTRICT FUTURES TEAM**

What is your congregation called to do? What opportunities do you see on the horizon? The St. Lawrence District Futures Team is charged with developing a five-year plan for the District to meet the present and emerging needs of our congregations. The new plan will be presented to the District Board in time for a final report to be voted on at the District's Annual Meeting in April 2010. The Team will start its work by visiting congregations across the District over the next few months in order to listen to your stories and hear your hopes and dreams. We look forward to a conversation that is both informative and transformative for all involved! Stay tuned for specific dates.

— In faith from the SLD Futures Team: Dave Munro, chair (past president, First UU Society of Albany); Jeanne Crane, team consultant (District planning consultant); Jan Gartner (director of religious education, First Unitarian Church of Rochester); the Rev. Anne Marsh (co-minister, UU Church of Canton); Bill Parke (District Board trustee); ex-officio members David Friedman (UUA trustee); Karen LoBracco (District program consultant); and Elayne Mosher (District young adult and campus ministry consultant)

### AN ANNOUNCEMENT FROM THE UNIRONDACK BOARD

Dear UU ministers and religious education leaders, As the fall season has officially begun and camp has seen another successful summer come to an end, we wish to reach out to all of you to share the changes Unirondack has recently undergone.

As many of you may already know, Aimee Spong, our director, will not be returning to camp for the 08-09 year.

The Unirondack Board of Directors is committed to continuing to build upon all of the gifts and successes Aimee brought to camp. Our sincerest wish is to continue her commitment to staff and campers and her dedication to helping build a community where the values of Unitarian Universalism are manifested in our camp. In addition, we hope and believe that we, as a community, can continue to see camp grow and develop in new, positive and exciting ways while still maintaining the culture and tradition that makes Unirondack such a special place.

That said, it is with great joy that we are today announcing that two well-respected members of the Unirondack community will be taking over the directorship. Dan Gottfried and Darren Cosgrove are pleased to accept the position of co-directors as of October 1, 2008. Dan and Darren each bring with them unique gifts and strengths which we are confident will serve camp in continued Unirondack spirit.

Dan is a long-time leader at camp who has served as director in 1990, 1991, 1992, 1996, and 2006, and as administrator from 1990 to 1997. He has also been a family camper at Unirondack for over 10 years and a resource person. Darren is our past Board president and has twice been a resource person for summer sessions. He has also worked in the fields of youth development, activism and education for many years with Planned Parenthood.

We hope you share in our excitement to bring Darren and Dan's shared leadership to camp. We know they are very excited to be working with all of you to continue to build the caring community that is Unirondack.

In Unirondack spirit,
The Unirondack Board of Directors
(Dan Gottfried and Darren Cosgrove, Unirondack
co-directors, office phone: 845-675-9001
Visit us at Unirondack.org)

The living tradition which Unitarian Universalists share draws from many sources, including humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.

The living tradition which Unitarian Universalists share draws from many sources, including spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

#### UU FELLOWSHIP OF CHAUTAUQUA DENOMINATIONAL HOUSE

The Unitarian Universalist Fellowship of Chautauqua, NY, has purchased a large house on the Chautauqua Institution grounds and is currently renovating it for use as a Unitarian Universalist Denominational House. It will offer six bedrooms with shared bathrooms for weekly rentals of \$300/wk each for the 2009 season. Unitarian Universalists will be given preference for the rooms until December 1, 2008, and then the rooms will be available for the public. All rooms have two beds; one is designed as a family room, and another is handicapped accessible. The house has three full baths (one of which is fully handicapped accessible,) plus two half baths.

The UU Denominational House is centrally located near Bestor Plaza, the Bookstore and the Colonnade at 6 Bliss. It also offers a place to relax -- including a secluded patio -- for those coming for the day, information for persons interested in UU faith and philosophy, meeting space for programs, and social functions, too.

For information about the UU Fellowship of Chautauqua, the Denominational House, contact information, and reservation forms, please go to <a href="https://www.uufchautauqua.org">www.uufchautauqua.org</a>. For information about Chautauqua Institution and its programs, visit <a href="https://www.ciweb.org">www.ciweb.org</a>. We are looking forward to seeing you at Chautauqua!

- Karen Gottovi, UUF Chautauqua Board member

#### ICE: "IN CASE OF EMERGENCY"

(The following article was sent to the newsletter by Sheila Emborski.)

We all carry our mobile phones with names and numbers stored in the memory but nobody, other than ourselves, knows which of these numbers belong to our closest family or friends.

If we were to be involved in an accident or were taken ill, the people attending us would have our mobile phone but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency?

Hence, this "ICE" (In Case of Emergency)
Campaign; the concept of "ICE" is catching on quickly.
It is a method of contact during emergency situations.
As cell (mobile) phones are carried by the majority of the population, all you need to do is store the number of a contact person or persons who should be contacted during emergency under the name "ICE" (In Case Of Emergency).

The idea was thought up by a paramedic who found that when he went to the scenes of accidents, there were always mobile phones with patients, but they didn't know which number to call. He therefore thought that it would be a good idea if there was a nationally recognized name for this purpose. In an emergency situation, Emergency Service personnel and hospital staff would be able to quickly contact the right person by simply dialing the number you have stored as "ICE." For more than one contact name, simply enter ICE1, ICE2 and ICE3, etc.

A great idea that will make a difference!

#### "NEW WORSHIP FOR A NEW TIME"

The St. Lawrence Unitarian Universalist District Growth Committee will sponsor a conference, "New Worship for a New Time: Creating Engaged Celebration," at the First Unitarian Church of Rochester from 9:30 a.m. to 4 p.m. on Saturday, November 15.

Theme speakers will include the Rev. Wayne Arnason and the Rev. Kathleen Rolenz of the West Shore UU Church in Cleveland and the Rev. Kaaren Anderson and the Rev. Scott Tayler of the First Unitarian Church of Rochester.

The Reverend Rolenz and the Reverend Arnason, authors of "Worship that Works: Theory and Practice for Unitarian Universalist," will deliver the keynote address at 10 a.m.

#### **CHECK IT OUT**

The Church of the Larger Fellowship (CLF) asks you to invite a friend to check it out.

Do you know someone who

- would benefit by a spiritual community available 24/7?
  - works on Sunday mornings?
  - · lives in an isolated area?
  - · does not have access to a local UU church?
- is housebound and unable to attend a local church?
- is an active member of a local congregation who wants even more?
- is a church staff person or religious professional who would enjoy a congregation of his or her own?

To check out the Church of the Larger Fellowship (CLF), go to www.clfuu.org. Click on the "Welcome Banner" across the screen.

Proceeds support CFL's work to bring Unitarian Universalism to isolated religious liberals throughout the world.

Visit our church Web site at http://www.geocities.com/centralsquareuu/