



CIRCLE OF FELLOWSHIP

The First Universalist Church
of Central Square
A Unitarian Universalist Congregation

The Rev. Margaret Hart, Minister
Andrea Abbott, Lay Speaker
Janie Garlow, President
Rita Thornton, Director of Music

668-1268
635-7122
668-1631
699-4824

Our church building is handicapped accessible.

Routes 49 West & 11, Post Office Box 429, Central Square, New York 13036 Phone: 668-6821

OUR MISSION STATEMENT

The mission of the First Universalist Society of Central Square is to be a welcoming, diverse congregation, which values spiritual growth and service to the local and world community.

MARCH 2009

MINISTERIAL MUSINGS

Dear Friends,

I am delighted to be able to drive again, and look forward to seeing more of you. This past weekend I drove to Middlebury, Vermont, and had a good visit with my siblings. We hadn't all been together in that way for 13 years. It felt rather like a retreat, with much honest sharing and deep listening. Perhaps you have enjoyed such occasions yourself, and understand. If not, I heartily recommend it ... if not with siblings, then with trusted friends.

Before I went away, we had a wonderful Membership Conversation. It was a bit like the Membership Orientations we used to have, but more informal. Thanks to all who participated. As a result of the gathering, we have some new energy for forming a Membership Committee (meeting March 1 after church). We have also scheduled a New Member Sunday for March 15. If you have been thinking about joining our church, and weren't at the Membership Conversation, please let me know. I'd be happy to talk with you, and help to clarify any questions you may have. There will be an opportunity to sign the membership book and be received as new members by the congregation during the service on March 15.

Thanks for your presence within our church community. Hope to see many of you in church soon.

With love and respect,
Margaret Hart

A SPECIAL INVITATION FOR YOU

The First Universalist Society of Central Square
Warmly invites you to a special luncheon to kick off our
Annual Stewardship Campaign.

Enjoy a special meal, community and an opportunity to share
Your financial commitment to the work of our church.

March 15, 2009

Immediately following the Sunday Service

Please RSVP by signing up on the East Room table
or by contacting Chet Perkins at cperkins9@twcnny.rr.com / 668-6719

Note: Please have items for the next newsletter to Bob Haskell by no later than NOON on SATURDAY, MARCH 28. His address is 29 Grove Street, Baldwinsville, NY 13027-2332; his telephone number is 635-5294; his e-mail address is rhaskell@twcnny.rr.com

STEWARDSHIP CAMPAIGN GETTING UNDER WAY

Dear Members and Friends,

Our fiscal year is drawing to a close. Our Stewardship Campaign for next year's budget (2009-10) is upon us. Your Financial Committee is busy preparing next year's budget. We are asking for your help in the form of a pledge. A major benefit to pledging is that it provides a dependable, sustainable income with which to develop and support our church's programs, activities and the physical structure.

Our pledge goal for this next fiscal year is \$33,000. Your church depends on committed individuals such as you to insure the continuity of our liberal religious community now and for generations to come. Whether you need religious education to support your family, music to fill your soul, a monthly newsletter to keep you informed, Sunday services to nourish and support your intellectual and spiritual growth or to gather in community with like-minded individuals, our church needs your time, talent and financial contribution.

Pledge forms with enclosed return envelopes will soon be available. When you receive one, please take a few minutes to fill it out and return it by April 1. Thank you for your much needed generosity and support.

– Your Financial Committee

SOME SAD NEWS ABOUT MAX COOTS

I received the following message from the Rev. Anne Marsh, in Canton:

"I am not sure if you have heard that Max has been diagnosed with cancer (lymphoma) and has opted not to have treatment. He is on Hospice care now, and has been given a life expectancy of around 2 months, though of course that is just a guess. He had not been feeling well for a while, but only learned what the problem was on Tuesday. Max is very accepting of what's going on, but the rest of us are very sad. Max has been here for more than 50 years, and it's hard to imagine our church and our community without him."

I spoke with Max's wife, Charlotte Ramsay, and she said that if people want to write notes (The Rev. Max Coots, 19 State Street, Canton, NY 13617) or send e-mails to charlotte_ramsay@yahoo.com he will receive them. That would be preferable to phone calls.

– Margaret Hart

MUSIC, MUSIC, MUSIC

We would like to keep the choir functioning. Those who are interested in singing with us may contact me at 699-4824, or see me after church services. The next rehearsal will be at 9:30 a.m. on Sunday, March 8. Plans are to meet every other week.

– Rita Thornton, director of music

TREASURER'S REPORT

For the first eight months of our church year, June through January, the income was \$25,255, with expenses of \$24,137, leaving a balance of \$1,118. Income was slightly above budget, and expenses were below budget. The main sources of income were

pledges, \$17,963; UU Circle donation, \$2,500; and building usage, \$1,400.

A total of \$282 was donated to the Unitarian Universalist Service Committee (UUSC) from the "Guest at Your Table" campaign.

Don't forget our canvass kick-off planned for Sunday, March 15, after the church service. Join us for a delicious lunch and a discussion about the future of our church.

– Chet Perkins

SPIRITUAL DANCE GROUP

We are experimenting with a Spiritual Dance Group. This will be a time to enjoy the spirit of the dances and the sense of oneness and peace that moves rhythmically in the music. A sign-up sheet is in the dining hall. This is open to all: men, women and children. We will also experiment with different rehearsal times to find out which one will work out best.

The first dance session will be held on Sunday, March 15, at 9:30 a.m. in the large room behind the dining hall. We will meet again on March 29 at 9:30 a.m. Wear comfortable clothes. If anyone has any questions, contact me after church services.

– Rita Thornton, director of music

IF IT'S SNOWING ...

To find out if church services will be held on a Sunday morning when winter weather is raging, you may call Janie Garlow at 436-2238, or Chet Perkins at 668-6719. The decision will be made by 8:30 a.m. Ann Peterson has also made arrangements for cancellations to be broadcast over WSYR television and WSYR radio.

HOLISTIC WELLNESS FAIR – MARCH 21st

I will be holding the second annual Holistic Wellness Fair at the church from 9 a.m. to 4:30 p.m. on Saturday, March 21. The fair will offer services, products and information for holistic health.

Some of the services and products that will be offered are free blood pressure checks, free cholesterol checks, free anxiety and depression screenings, inexpensive chair massage, psychic readings, reiki healing, counseling and information, reflexology, spiritual information, near death experience information, animal communicating, yoga, pilates, feng shui, herbals, handmade soap, organic food, environmentally friendly products, metaphysical jewelry, handmade bags, divining rods, books, locally made goods and free mini workshops and demonstrations all day.

A holistic approach to wellness involves integrating one's body, mind and spirit to achieve the highest possible level of wellness. Although a person's physical, mental and spiritual aspects are often viewed separately, they are interconnected. When something happens in any one of these areas, it often has an affect on the other areas, as well as on the person as a whole. Maximum wellness is achieved, through a holistic approach, by addressing and healing all aspects of an individual -- the physical, mental and spiritual, that may be affecting his or her ability to be totally well. This is often done by using therapies and treatments other than, and including, traditional Western medicine.

We hope that you will join us for an enjoyable and enlightening day of healing and wellness. Come and revitalize your spirit, learn or try something new, attend a workshop or demonstration, and satisfy your hunger with some good homemade food (available from our kitchen all day). A small donation at the door is appreciated.

If you would like to help at the Fair, we could still use a few people, on the day of the Fair, to take turns at the front door and answer questions at the table for the church. The night before, we could use some help moving furniture, setting up and getting food ready in the kitchen. I will have a sign-up sheet on the East Room table if you are interested.

– Ginny Boak Glahn

CAMPFIRE SING-ALONG

For generations, people have gathered around a campfire after a long day of work and play to share stories and sing familiar songs. Continue this tradition on Saturday, March 14, from 7 to 8:30 p.m. at the Amboy 4-H Environmental Education Center with a family program for youngsters and the young at heart. Nature Chris will play his guitar and lead the audience in singing campfire favorites and nature-based tunes. Participants will also enjoy hearing some nature jokes and stories. Everyone will be tapping their toes and singing the night away around a warm "campfire." Popcorn and beverages will be available.

Campfire Sing-Along is a program designed for people of all ages. Adults are asked to accompany their children. There is a \$3 fee per person or \$12 per family. Registration fees will be collected on the day of the program. Campfire Sing-Along is an indoor program. You can register for this program by calling 963-7286, extension 401, before March 12.

Campfire Sing-Along is designed for individuals

and families -- not organized groups. To arrange a guided group program, call the Oswego County 4-H Program at 963-7286, extension 401.

Amboy 4-H Environmental Educational Center is located at 748 Route 183, between Routes 13 and 69 near Williamstown. For information about the facility and its programming, call the Cornell Cooperative Extension of Oswego County 4-H Office Monday through Friday at 315-963-7286.

Cornell Cooperative Extension of Oswego County provides equal program and employment opportunities. Please contact the office if you have any special needs.

– Chris Lajewski

SAVE THE DATE

Event: 2009 Saint Lawrence District Annual Assembly

Date: April 24 and 25

Where: Albany

Theme: "Building The Beloved Community"

Keynote speaker: The Rev. Tom Owen-Towle

SOCIAL JUSTICE/GREEN COMMITTEE

The Social Justice Committee met February 8, and has claimed the second Sunday of each month for its monthly meetings. The first thing we discussed was the “Stop the Torture Campaign” of the Unitarian Universalist Service Committee (UUSC) and how we might partner with a Central Square minister, the Rev. Bud Adams, who recently authored an opinion piece in the Post-Standard to end United States torture. Ellen LaPine contacted him, and he is interested in meeting to brainstorm possible actions.

Watch for some gorgeous, green Earth Day T-shirts that have been ordered to celebrate the Earth. I have contacted Heather Stevens, a village trustee, who has agreed to save the First Universalist Society of Central Square a village project or two to serve the community for Earth Day, April 22. I will announce details. We will be setting dates soon for our first Adopt-a-Highway pick-up for 2009. The months proposed for pick-up are April, July and October.

We have some ideas for winterizing the church that should be ready for the 2009-10 winter season.

We would like a corner planting and bench behind the church (using native species), and maybe even a hedge along the property line. I will be asking for volunteers.

Information concerning support for the Bigger Better Bottle Bill in the New York State Legislature is available at www.eany.org, and a flier is posted on the bulletin board in the dining room. Maybe we should have another letter-writing campaign.

Please join us at our next meeting at 9:30 a.m. on March 8. If you want to add an item to the agenda, please contact me ahead of time at njh13042@yahoo.com, or at 675-8357.

– Nancy Hallock, chairperson, Social Justice Committee

GREEN MINUTE: 22 STEPS TO ENERGY EFFICIENCY

1. Turn off lights you're not using – 2 percent energy savings per year.
2. Schedule an energy audit – up to 50 percent energy savings per year.
3. Don't heat or cool empty rooms – savings vary by size of room.
4. Choose the air-dry option on your dishwasher or open the door for drying – 5 percent energy savings per year.
5. Shift your energy load to off-peak hours – peak demand triggers the building of more power plants.
6. Turn off your electronics such as your television set and your computer if you're going to be away from them for more than an hour – 5 percent energy savings per year.
7. Eliminate “phantom load” by unplugging electronics when not in use – 5 percent energy savings per year.
8. Make your refrigerators more efficient by cleaning the coils and storing cold water in the empty spaces inside – 4 percent energy savings per year.
9. Wash clothes in cold water – 7 percent energy savings per year.
10. Give up your dryer by using a clothesline or dryer rack – 10 percent energy savings per year.
11. Plug air leaks – 5 percent energy savings per year.
12. Reduce your water use – 3 percent energy savings per year.
13. Cut heat waste through windows by sealing edges, or covering with curtains or “low-e” films that reduce heat loss – 10 percent energy savings per year.
14. Help your hot water heater by adding an insulating cover – 1 percent energy savings per year.
15. Install “Energy Star”-rated ceiling fans for cooling – 19 percent energy savings per year.
16. Get a programmable thermostat – 10 percent energy savings per year.
17. Upgrade your appliances with “Energy Star” models – 14 percent energy savings per year.
18. Upgrade your hot water heater to a tankless or solar heater – 14 percent energy savings per year.
19. Green your roof to reduce your cooling needs by up to 25 percent – 12 percent energy savings per year.
20. Save energy through landscaping with shady trees – 12 percent energy savings per year.
21. Replace your windows or upgrade the ones you have – 14 percent energy savings per year.
22. When upgrading your television, buy an LCD (liquid crystal display), not plasma – 2 percent energy savings per year.

The savings listed are an estimate based on a family using 11,000 kwh/year and 19,000 cubic feet of natural gas per year. If we can choose just a few steps each year and pledge to reduce our usage by 10 percent a year, in 5 years we can cut our gas and electric usage by 50 percent!! Go to www.coopamerica.org to find suggestions on how to take each of these steps. It also provides lists of eco-friendly, socially responsible products and services when you're ready to make an upgrade.

– Social Justice Committee's Green Team

UU CIRCLE NEWS

Many thanks go out to all who made our UU Circle UnBirthday Party a success. I would also like to thank these people for making our birthday cakes: Judy Linder, Rosemary Squires, Janie Garlow, Ginny Glahn, Cara Lajewski, Arne Hook, Martin Dewey, Mary Perkins and Nancy Hallock. If I forgot to mention anyone, I apologize for this. Many of you thanked me for this, and as much as I appreciate your thanks, it really goes out to all of you who came together with great teamwork. Also, many of you mentioned that you didn't do much, but when we all do a little something, it makes it a huge success. Thanks to all.

The UU Circle has two more fund-raisers coming up in March. Saturday, the 21st, is the date of our Holistic Wellness Fair. Ginny Glahn is the chairperson and has more information on this. See her article in this newsletter.

Also, on March 28 we will be having a Smorgasbord Dinner for the community and all. Please be on the lookout for sign-up sheets and more information to be announced.

The next UU Circle meeting will be held on Sunday, March 8, at 11:45 a.m. downstairs to discuss and wrap up final touches for the Holistic Fair. Then the next meeting will be held on March 15th at 11:45 a.m. downstairs, regarding the Smorgasbord Dinner and other topics. All are welcome.

– Rita Thornton, UU Circle President

AN INVITATION TO ALL

Jan Gartner, director of religious education at the First Unitarian Church of Rochester and a member of the Saint Lawrence District Futures Team, invites all of us to join her after the March 29 worship service. As the Futures Team begins to formulate a five-year strategic plan for the district, it seeks to understand each congregation's challenges, opportunities and dreams. What visions do you hold for this congregation and for our larger faith? How can the district be of help? Whether you've been with us for a month or for a decade, whether you know a little or a lot about Unitarian Universalism beyond the walls of our First Universalist Society, please come and be a part of this thought-provoking, enlightening and perhaps even transforming conversation!

– Janie Garlow

CSI: AMBOY

A silent hunter of the night lurks in the forest. It stalks its prey unbeknownst to the poor little creatures. After feasting on a tasty treat, the savage predator dumps the remains of its meal on the forest floor. Who could do such a thing and who is the victim? Come to the Amboy 4-H Environmental Education Center Saturday, March 28, from 10 to 11 a.m. for a family program and solve this forest mystery. Nature Chris will lead participants through pieces of evidence including a slide show of crime scene photos, secretly recorded "conversations" with the predator, and the

remains of the victim. It will be a "hooting" good time!

CSI: Amboy is a program designed for people of all ages. Adults are asked to accompany their children. There is a \$3 fee per person or \$12 per family. Registration fees will be collected on the day of the program. CSI: Amboy is an indoor program. You can register for this program by calling 963-7286, extension 401, before March 25.

CSI: Amboy is designed for individuals and families -- not organized groups. To arrange a guided group program, call the Oswego County 4-H Program at 963-7286, extension 401.

Amboy 4-H Environmental Educational Center is located at 748 Route 183, between Routes 13 and 69, near Williamstown. For information about the facility and its programming, call the Cornell Cooperative Extension of Oswego County 4-H Office Monday through Friday at 315-963-7286.

– Chris Lajewski

COFFEE AND CHAT

Women and men of the church will gather for Coffee and Chat at Panera Bread on Route 31 in Clay at 9:30 a.m. on Wednesday, March 18.

All are welcome to join in casual conversation and to enjoy coffee or tea and other goodies.

The women's and men's groups meet separately. For information about the women's group, you may contact Nancy Haskell. For information about the men's group, you may contact Chet Perkins.

The living tradition which Unitarian Universalists share draws from many sources, including direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life.

The living tradition which Unitarian Universalists share draws from many sources, including words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love.

A NOTE BY OUR PRESIDENT

My Dear Friends,

I want to thank Rita Thornton, the UU Circle Committee and all those who helped decorate, baked cakes and participated in the wonderful Un-Birthday celebration last Sunday. We had 12 cakes, and people sat with people who shared their birthday month. It was a great way to talk and exchange with people outside your group. Much fun was had by all, and who can resist sampling 12 sweet delights!

I also want to thank Arne Hook for his two-part dream workshop. Arne took Jeremy Taylor's dream workshop in Buffalo last fall. We were most fortunate to have Arne present it to us. He took us into the dreaming mind, and gave us tools to try to make sense of the often confusing signs and symbols of dreams and to look inside ourselves for healing.

On another subject, some have said our church is not spiritual enough, which has led to conflict and to an interesting dialogue of thoughts and ideas. Bob Haskell quoted from the Dalai Lama's book, "Ethics for the New Millennium": "Spirituality I take to be concerned with those qualities of the human spirit -- such as love and compassion, patience, tolerance, forgiveness, contentment, a sense of responsibility, a sense of harmony -- which bring happiness to self and others."

Another quote Bob cited comes from our own tradition by the Rev. Dr. William R. Murry, former president of the Meadville Lombard Theological School and the author of "Reason and Reverence: Religious Humanism for the Twenty-first Century": "To me spirituality refers to that dimension of our lives that deals with values, truth, meaning, integrity, joy, happiness, in a word, with how and why we live. It refers to the quality of our lives in the here and now. The word 'spirit' comes from the Latin word 'spiritus', meaning 'breath', so spirituality is the breath of life, what makes life vital, that which gives us something to live for, that which deepens and broadens our lives and makes us truly human. Compassion and caring for others is a true measure of spirituality."

So I ask you, are we spiritual?

Namaste,
Janie Garlow

REFUGEE RESETTLEMENT PROGRAM NEEDS HOUSEHOLD ITEMS

Do you have an extra set of pots and pans, dishes or flatware; a useable sofa; or an extra set of chairs, linens, etc. With spring cleaning coming up, now is an excellent time to donate items you no longer use to the Refugee Resettlement Program of the InterFaith Works of Central New York. InterFaith Works was formerly known as The InterReligious Council (IRC) of Central New York.

The program provides each refugee family with basic household furnishings. Most of these items are donated by the Central New York community.

Refugees are coming to Syracuse from all over the world: Burma, Bhutan, Iraq, Afghanistan, Vietnam, Sudan, Somalia, Rwanda and the Congo. They arrive with a single suitcase.

In January, InterFaith Works settled 39 people in 10 households. In February it expected to settle at least 44 refugees in 12 apartments. That means 22 sofas, 22 soft chairs, 22 kitchen tables and chairs, 2 chests of drawers, 22 full sets of pots, pans, dishes, linens,

towels and flatware have been needed so far in 2009.

InterFaith Works expects the rest of 2009 to stay as busy. It hasn't seen this many refugees coming here since before September 11, 2001. Part of the increase includes more refugees from Iraq and Afghanistan who served with United States troops.

Please encourage anyone you know to donate furniture and household items that are in good condition. Items must be clean, in good repair and useable. Please call the Refugee Resettlement Office at 315 474-1261, extension 208, if you or someone you know has some of the items listed below:

Twin beds, full beds, dressers, sofas (no sofa beds), coffee tables, end tables, lamps, living room chairs, television sets, pots and pans, kitchen tables, kitchen chairs, vacuum cleaners, cribs, playpens, dishes, silverware, kitchen knives and utensils and microwaves.

Small items can be dropped off at the office; you may call for directions. Larger items can be picked up. All donations are tax deductible. Thanks for your kindness and generosity.

– Barbara Steinkraus

The living tradition which Unitarian Universalists share draws from many sources, including wisdom from the world's religions which inspires us in our ethical and spiritual life.

SPLINTERS FROM THE BOARD

The Rev. Margaret Hart informed the Executive Board at its monthly meeting on Sunday, March 1, of the illness of the Rev. Max Coots of Canton. The Reverend Coots served as guest minister at our church for a number of years.

The Reverend Hart also spoke about the February 19th meeting of the Central New York Cluster Group at our church, during which the Wellspring program for spiritual growth was discussed. She said she had been asked by the Cluster if she would be willing to facilitate a group in this area.

She also reported on the "Conversation on Church Membership" that she led on February 15. The Reverend Hart said that it had been decided to accept new members at the morning service on Sunday, March 15.

Treasurer Chet Perkins reported that the Operating Fund of the church had a balance of \$6,583.13 on March 1, helped in great part by \$7,120 contributed in pledges and support during February. He said that several members had paid their annual pledges in full during the month. Mr. Perkins said that he expected the church to finish the fiscal year in the black by about \$2,000. He also said the church was about to repay a \$5,000 loan from the New York State Convention of Universalists.

Rita Thornton, UU Circle president, spoke to the Executive Board about plans for the Health and Wellness Fair to be held on March 21 and for the Community Smorgasbord to be held on March 28.

The Board voted to designate the second Sunday of each month as the date for the collection of food for the Downstairs Scottie. The food will be transported to the Food Bank at St. Michael's Church the next day. The committee will continue to accept non-food items for the Downstairs Scottie on this date and all other times.

The Board agreed to a congregational meeting with Jan Gartner, a member of the Saint Lawrence District Futures Team, after the worship service on Sunday, March 29. The Futures Team is to formulate a five-year strategic plan for the district, and seeks to understand each congregation's challenges, opportunities and dreams.

The Board agreed to purchase two signs directing anyone attending church functions who might be in need of the church's handicapped parking area to that area, the cost not to exceed \$150.

Christy Salas spoke to the Board about starting a group for community adolescents to meet at the church one evening a month. The group would focus on "what's going on in their lives." She said there would be adult supervision. Board members accepted the proposal.

The Board voted to send letters of gratitude to the UU Circle for its UnBirthday Party, to Arne Hook for conducting the Dream Workshop and to Ann Peterson for posting church activities on a sign in the dining room.

The Board will conduct its next monthly meeting at 9 a.m. on Sunday, March 29.

MAUNDY THURSDAY SERVICE

Andrea Abbott, lay speaker, will conduct a Maundy Thursday service at the church at 6:30 p.m. on Thursday, April 9.

Maundy Thursday, also called Holy Thursday, occurs on the Thursday before Easter. It is the day on which Jesus celebrated the Passover with His disciples, known as the Last Supper.

A CELEBRATION OF THE BIRTH AND GROWTH OF UNITARIAN UNIVERSALISM

A significant anniversary for Unitarian Universalists will be celebrated in Syracuse on October 31. This day will mark exactly 50 years since final negotiations were completed and a plan was adopted for merging the American Unitarian

Association (AUA) and the Universalist Church of America (UCA) to create the Unitarian Universalist Association (UUA). To commemorate this event, the Saint Lawrence District of the UUA is sponsoring a conference on Friday and Saturday, October 30 and 31.

The dramatic events of the "1959 Conference at Syracuse" occurred in downtown Syracuse. In celebrating this pivotal moment in the history of Unitarian Universalism we will return to the Grand Ballroom of the Hotel Syracuse, the central site of the conference where general sessions were held. The 2009 conference will be a celebration of our history and a quest to advance our future by exploring the meaning of "What Happened at Syracuse?", examining the development of Unitarian Universalism in the past 50 years, and addressing the challenges that face us.

For more information visit our web site at www.geocities.com/centralsquareuu

CALENDAR

March

- 8 – 9 a.m., Social Justice Committee. 9:30 a.m., Choir rehearsal. 10:30 a.m., Worship service led by Andrea Abbott, lay speaker. Association Sunday. 11 a.m., Religious education. Donation of food items for the Downstairs Scottie, which will be transported to the Food Bank at St. Michael's Church. The Rev. Margaret Hart will be at All Souls Church in Watertown.
- 15 – 9:30 a.m., Spiritual Dance Group. 10:30 a.m., Worship service led by the Rev. Margaret Hart, with focus on UU principle number 3. New Member Sunday. 11 a.m., Religious education. 11:45 a.m., UU Circle meeting. Stewardship Luncheon.
- 18 – 9:30 a.m., Coffee and Chat at Panera Bread, Route 31, Clay.
- 21 – 9 a.m. to 4:30 p.m., Holistic Wellness Fair.
- 22 – 9 a.m., Religious Education Committee. 9:30 a.m., Choir rehearsal. 10:30 a.m., Worship service. Ralph Singh, guest speaker. 11 a.m., Religious education.
- 28 – 4 to 7 p.m., Smorgasbord Dinner open to the community.
- 29 – 9 a.m., Executive Board. 9:30 a.m., Spiritual Dance Group. 10:30 a.m., Worship service led by Andrea Abbott, lay speaker, with focus on UU principle number 4. 11 a.m., Religious education. 11:45 a.m., meeting with Jan Gartner, a member of the Saint Lawrence District Futures Team.

April

- 5 – 10:30 a.m., Worship service led by the Rev. Margaret Hart. Palm Sunday. Random Acts of Kindness Sunday. 11 a.m., Religious education.
- 9 – 6:30 p.m., Maundy Thursday service led by Andrea Abbott, lay speaker.
- 12 – 10:30 a.m., Worship service led by Andrea Abbott, lay speaker. Easter. 11 a.m., Religious education. Donation of food items for the Downstairs Scottie, which will be transported to the Food Bank at St. Michael's Church.
- 15 – 9:30 a.m., Coffee and Chat at Panera Bread, Route 31, Clay.
- 19 – 10:30 a.m., Worship service. John Rogers, guest speaker. Bluebird presentation. The Rev. Margaret Hart will facilitate the service. 11 a.m., Religious education.
- 22-25 – The Rev. Margaret Hart attends UU Ministers' Retreat and Saint Lawrence District Assembly.
- 24 and 25 – Saint Lawrence District Annual Assembly, Albany.
- 26 – 10:30 a.m., Worship service led by Andrea Abbott, lay speaker. 11 a.m., Religious education.

Regular meetings

- Tuesdays – 7 p.m., Chanting and meditation. People who are interested should call Tim Hart at 439-2541.

Visit our church Web site at <http://www.geocities.com/centralsquareuu/>