



CIRCLE OF FELLOWSHIP

The First Universalist Society of Central Square

A Unitarian Universalist Congregation

Our church building is handicapped accessible.
3243 Fulton Street (Route 49, near Route 11)
Post Office Box 429, Central Square, New York 13036-0429
Phone: 315-668-6821 E-mail: uucentralsquare@gmail.com
Church Web site: <http://www.centralsquareuu.com>

Facebook page: <http://www.facebook.com/pages/UU-Central-Square/199139743511564>

Our Mission Statement

The mission of the First Universalist Society of Central Square is to be a welcoming, diverse congregation, which values spiritual growth and service to the local and world community.

Andrea Abbott, Student Minister	315-635-7122	The Rev. Libbie Stoddard, Minister Emerita	315-343-4352
Leigh Benedict, Music Coordinator	315-303-4760	Ronna Schindler, RE Chairperson	315-623-7685
Robert Haskell, President	315-635-5294	Winfield Ihlow, Vice President	315-342-5939

OCTOBER 2012

STUDENT MINISTER SNIPPET

We have sailed over the imaginary line that marks summer from fall. The days are indeed drawing in. Nighttime is longer than the days. I know this is a harbinger of the yet shorter days, longer nights and the cold of winter. This is not something I look forward to, I'm afraid. But I also know that I prefer four seasons, with their variety and contrasts. I don't have to go anywhere. The Earth turns and delivers a never ending panorama to me. And even as I miss the warmth and color of summer, the longer nights and cooler days are also a welcome, refreshing change. A charmed life, a life with no shadows, a life with no fall or winter, may be possible, but I have never met anyone who has had one. Through the seasons of our lives we find within the depths of life a wisdom that comes in no other way. Each season invites us to maturity and fullness. May we find good harvest this fall.

Andrea Abbott

THE REV. WEISSBARD SELECTS "RELIGION AND SPIRITUAL" AS SERMON TOPIC

The Rev. David Weissbard writes of his sermon for the worship service scheduled for 10:30 a.m. on Sunday, October 7, the following:

"One of the things you hear a whole lot these days is, 'I am not religious, but I am spiritual'. What does that actually mean? 'I believe, but I'm too lazy to go to church?' Or, 'Churches have turned me off?' Or, 'I'm an atheist but I don't want to admit it?' On the first Sunday in October we will be looking at 'Religion and Spirituality'.

"Dave"

Please have articles for the next newsletter to Bob Haskell by no later than NOON on MONDAY, OCTOBER 29. Bob would be grateful if everyone would not wait until the last minute to submit articles. His e-mail address is rhaskell@twcny.rr.com. His postal address is 29 Grove Street, Baldwinsville, NY 13027-2332. His telephone number is 315-635-5294.

BOARD ACCEPTS BID TO RESTORE WINDOWS

Conducting its regular monthly meeting on Sunday, September 23, the Executive Board voted to accept the bid of Edward Dehors in the amount of \$5,800 to restore the large stained-glass window on the west side of the church sanctuary, with the understandings (1) that the money for the project is to come initially from reserve funds of the church followed by a financial campaign to replace such money, and (2) that once that window has been restored the Executive Board will proceed with the restoration of the large stained-glass window on the north side of the church sanctuary based upon a similar bid by Edward Dehors.

It is hoped that Mr. Dehors, who restored the large stained-glass window on the east side of the church several years ago, is able to begin the new work in the next four or five weeks.

The Executive Board also agreed to accept a snow removal contract with Miller Lawn and Landscape in the amount of \$880 for the coming season.

Nancy Hallock, chairperson of the Outreach Committee, informed the Executive Board that the congregation had just made its second contribution to Pure Water for the World for another sand filter in Haiti.

Executive Board members designated the Rev. Margaret A. Hart as a delegate to the New York State Convention of Universalists meeting in Saratoga Springs on October 12 and 13.

The Executive Board agreed to remove the names of Lucy and Arny Stieber from the church membership book at their suggestion. Bob Haskell informed Board members that Lucy had informed him that she and Arny had signed a membership book at a church in Chicago.

Arnold Hook, chairperson of the Administration Committee, announced that George Tennant had installed numbers on the front of the church building indicating the street address: 3243 Fulton Street.

OUR FINANCIAL PICTURE: A LOOK NOW AND INTO THE FUTURE

Many thanks to those of you who have contributed toward your personal pledges as well as toward your Fair Share. Many thanks as well to all the visitors to our church who have made financial contributions toward the operation of our church.

Our current Operating Account balance is approximately \$2,966.

In the next few months, work will commence on the restoration of the large stained-glass window on the west side of the sanctuary. It is our intention to use money the church has in reserve for the restoration of this window, and then begin a capital campaign to replenish those funds. Next, it is our intention to begin work on the restoration of the large stained-glass window on the north side of the sanctuary. We hope that the first phase of the work will inspire our church and community to support the second phase.

Cara Lajewski, assistant treasurer

MUSIC NOTES

I am looking forward to having many voices for our choir this year! If you currently sing, sang when you were in school, sing in the car or shower, or just sing in your head, I would LOVE to have you add your voice to the choir. The choir will be starting up monthly rehearsals on the second Saturday of every month from 9:30 a.m.-11 a.m. We will be preparing anthems and new hymns for upcoming services. Our first rehearsal will be on October 13. See you there!

I am trying to provide a variety of music and instruments to our music program each week, as well as a variety of performers. So ... anyone who plays an instrument is always welcome to share his or her talents during the church service. Please let me know if you have anything you would like to play and I will make sure to work you into the music schedule!

Leigh Parry-Benedict, music coordinator

UU congregations covenant to affirm and promote acceptance of one another
and encouragement to spiritual growth in our congregations.

SOCIAL JUSTICE SUBCOMMITTEE, OUTREACH COMMITTEE

The Social Justice Subcommittee and the UU Circle worked together to present a community environmental outreach tent at the 2012 Apple Festival. Thanks to all who donated time or supplies.

We have planned our third Adopt-a-Highway pickup for 2012 on Sunday, October 14. To help, meet at the church at 8:30 a.m. Wear gloves and old shoes. We have plenty of hats and vests for all volunteers.

There will be a program on PBS at 9 p.m. on October 1 and 2 titled "Half the Sky." It is based on a book of the same name by Nicholas D. Kristof and Sheryl WuDunn. It tells of the deplorable conditions of some extraordinary women. With a little help their lives were transformed. They feel that the key to economic success lies in unleashing women's potential. I have two copies of the book in the church dining room to lend. Please help yourself and then return them to share.

We have made another contribution to Pure Water for the World. A second water filter has been purchased for Haiti. Congratulations and thank you for your coins and for deposit bottles and cans.

I plan to order coffee and candy bars from the Unitarian Universalist Service Committee (UUSC) Coffee Project next month. We need coffee for the church, but think ahead. Coffee is a great Christmas gift for the hostess, friends, barber, newspaper delivery man, mailman, etc. I order by the case (6 pack), and can order extra cases. Let me know soon if you are interested.

Thanks, that is all for now.

Nancy Hallock, chairperson

GUITAR MUSIC CONCERT FEATURES PETER GRIGGS

Our church will host internationally known guitarist Peter Griggs in a concert, "500 Years of Music for Guitar," at 1 p.m. on Sunday, October 28.

The concert is open to the public using a free-will donation format.

Griggs explores the music of the classical guitar from the Renaissance to the Contemporary, including works by Gaspar Sanz, Johann Sebastian Bach, Bartolome Calatuyud, Django Rheinhardt and Thelonious Monk, as well as Flamenco, Brazilian music, and several of Griggs' own compositions.

He also discusses the evolution of this iconic American instrument from its origins in medieval Spain to its worldwide popularity in the 21st century. There is something for listeners of all tastes on this wide-ranging program.

Griggs has presented more than 400 solo guitar concerts throughout the United States, Germany, the United Kingdom, France, the Low Countries, Scandinavia and eastern Europe at concert halls, art centers, festivals, museums, universities, cafes, clubs and other venues. Reviews of his performances include, "Sizzling guitar playing," from the Dundee, Scotland, Courier and "an almost unbelievable talent -- Peter Griggs performs magic!" from Germany's Bergische Morning Post.

To hear music by Griggs, visit: www.myspace.com/petergriggsnyc

Griggs will have his recorded CDs available for sale after the concert.

Contact: 315-668-6821

A NOTE FROM LUCY STIEBER

The following e-mail was received from Lucy Stieber on September 13: "Hi Bob, Hope all is well in Central Square. We miss everyone. We are getting used to our new congregation - much larger and less personal but very nice. We signed the book here last Sunday so you can remove our name from your book and save some money. We hope to be in Central Square on a Sunday so we can see everyone when we come in the end of October. Have a pleasant autumn. Lucy"

UU congregations covenant to affirm and promote a free and responsible search for truth and meaning.

UU congregations covenant to affirm and promote the right of conscience and the use of the democratic process within our congregations and in society at large.

GREEN MINUTE: GREEN HALLOWEEN

Once a Celtic celebration of the harvest and a new season, Halloween is now a little less spiritual and a lot more commercial; total up candy sales, costume shopping, and decorations, and it's an industry worth almost \$6 billion a year. With that kind of consumption comes a hefty carbon footprint and an environmental impact that lasts long after you've seen the last of those fun-size candy bars.

Use your favorite search engine to look up "green Halloween" on the Internet and you'll get lots of ideas on how to make Halloween greener. Here are just a few:

Low and No-Impact Costumes – Tap into the treasures hidden in your closet or attic to pull together a fun, no-cost costume. Trade costumes with friends and family if you don't want to wear last year's get-up. Shop for accessories at yard sales or resale stores.

Rethink the Treats – I remember going to one house when I was a kid that handed out one piece of candy and 10 pennies for the child's UNICEF box. What a great way to treat twice. We've supersized everything these days including the amount of treats we give at Halloween. Instead of giving out a handful of candy, maybe a coin and one piece of candy. How about a pencil or an eraser. Maybe a small handmade toy. Go online to find lots of ideas on what you can do. You can also do something called "Reverse Trick and Treat." Global Exchange (www.globalexchange.org) is encouraging kids to help educate adults about Fair Trade cocoa by handing Fair Trade chocolates back as they trick or treat. The chocolates are attached to a card explaining why Fair Trade offers an alternative to child labor, low wages for farmers and a healthier environment.

Nontoxic Face Paint – Be careful, a 2009 study by the Campaign for Safe Cosmetics found that ten out of ten children's face paints tested contained at least trace levels of lead. In the same study, six out of the ten products also contained at least one of the toxic heavy metals nickel, cobalt, and chromium in quantities much greater than the levels that scientists recommended. Look for paints that stress that they do not have these heavy metals or be more frugal and make your own. Go to www.greenhalloween.org for ideas and for DIY face paint instructions.

Make a New Bag From Old – Use an old T-shirt to make a reusable bag that children can have fun making. We had some examples made up, and instructions on how to make them, at our booth at the Apple Festival, or you can go online for many ways to make these totes. There are even "no sew" ideas. Just put "T-shirt Tote Bag" in your search engine.

Use your imagination and have fun. Hope you have a "spooktacular" Halloween.

Ellen LaPine,
Social Justice Subcommittee, Outreach Committee

RAIN FORCES DRUM CIRCLE INSIDE

The next Drum Circle will be held from 6 p.m. until 8'ish on Friday, October 12. At our September drumming session, we attempted to drum outside, but the rain forced us inside.

We now have two didgeridoo players and usually have between 18 and 25 drummers. Our drummers travel from Tully, Fabius, Oswego, Camillus and the Syracuse University campus. The ages of our drummers range from the teens to the mid-80s.

Our Drum Circle is always held on the second Friday of the month. Circles are held in Phoenix, Oswego and Liverpool on the first, third and fourth

Fridays of the month. Take advantage of some of the drumming opportunities in our area.

Ann Peterson

ADULT WORKSHOP PLANNED FOR NOVEMBER 3

The Reverend Libbie D. Stoddard and Ann Peterson will give an adult religious workshop on Saturday, November 3. Many of you have taken some of our workshops in the past, but this promises to cover some new material.

Here is a clue to the topic: "What if" you signed up? Look for a sign-up sheet and mark your calendars.

Ann Peterson

UU congregations covenant to affirm and promote the goal of world community with peace, liberty and justice for all.

UU congregations covenant to affirm and promote respect for the interdependent web of all existence of which we are a part.

RELIGIOUS EDUCATION PROGRAM ISSUES A CHALLENGE

The Religious Education Committee met September 16 to discuss our coming year.

We do have a couple of speed bumps to cross, and we need everyone's help.

As you may have noticed, we have very few children.

So here is your challenge: Help us brainstorm ideas to increase our adult congregation and in turn build our children's program.

The Video Discussion Group continues to be a very successful adult program.

The Drum Circle enjoys a full complement of participants.

Adult Religious Education has the groundwork done for a very exciting year of programs.

The children were invited to help the Social Justice Subcommittee at its booth at the Apple Festival.

We will begin our month-long program of drumming and spirituality: making our own eco-friendly drums, working in dance, rhythm, and customs.

We will also be working on fire exit signs for the classrooms.

Ronna Schindler, Religious Education Committee chairperson and older children's teacher

BOOK CLUB

The first half of "12 Steps to a Compassionate Life" will be discussed at 12 noon on Sunday, October 14.

We will also pick the remaining four books to be read (over two months each) on that same day. One classic has been chosen: "Hard Times" by Charles Dickens. Please share your choices. One idea is "Cutting for Stone."

Nancy Hallock

COFFEE AND CHAT

Women and men of the church will gather for Coffee and Chat at Panera Bread on Route 31 in Clay at 9:30 a.m. on Wednesday, October 17.

All are welcome to join in casual conversation and to enjoy coffee or tea and other goodies.

For more information about the group, you may contact Nancy Haskell or Chet Perkins. Everyone is invited to attend.

VIDEO DISCUSSION GROUP

The Video Discussion Group will view the "Moyers & Company" segment "What It's Like to Go to War" when it meets in the Goettel Room at 7 p.m. on Friday, October 5.

In this video, Bill Moyers talks with Karl Marlantes – a highly-decorated Vietnam veteran, Rhodes Scholar, author, and PTSD survivor – about what we on the insulated outside need to understand about the minds and hearts of our modern warriors. Marlantes shares with Moyers intimate stories about how his battlefield experiences both shaped and nearly destroyed him, even after returning to civilian life.

The video group plans to have supper at the Akropolis Restaurant on Route 11 just north of Central Square at 5:30 p.m. on the same day. Please let Janie Garlow know via e-mail at mjgarlow@aol.com or via telephone at 315-436-2238 by Thursday, October 4, if you plan to attend the supper so that she may make a reservation. Everyone is invited to attend.

SMOKE DETECTORS?

One of the questions raised during the fire drill conducted at the church on Sunday morning, September 23, was "Does the church have any smoke detectors"?

Arnold Hook, chairperson of the Administration Committee, responded by reporting that the church has a smoke detector in the stairway on the east side of the church and in the kitchen area.

Anyone with opinions and suggestions of how to make a fire drill better is asked to speak to an Executive Board member.

The living tradition which Unitarian Universalists share draws from many sources, including direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life.

The living tradition which Unitarian Universalists share draws from many sources, including words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love.

BLESSING OF THE BEASTS

We will hold the fourth annual Blessing of the Beasts on Sunday, October 14. This year it will be held closer to St. Francis of Assisi's day rather than in the summer.

Since the weather is more uncertain at this time, we will hold the blessing in the sanctuary. With this in mind, please consider your pet's comfort level with other animals and people. If your pet is calm and happy in these circumstances, please bring your pet with you to be blessed. If not, a picture of your pet or a moment spent telling about your pet may be a better choice. I also invite you to bring pictures and memories of departed pets. Also, please bring water or anything else that would make your pet more comfortable. Because of the space restrictions, cows, horses and elephants are probably better blessed in absentia.

Andrea Abbott

MEALS ON WHEELS IN OSWEGO COUNTY

The Meals on Wheels program provides noon-time meals at several sites in Oswego County: Fulton, Phoenix, Sandy Creek, Parish, Oswego, Hannibal, Mexico and Constantia. A hot meal is provided at these sites for a donation of \$3. These are hot meals that include rolls, coffee, dessert and some healthy snacks. Most sites also have a variety of activities.

Meals are also provided to those who cannot leave their homes. They are available to seniors for a contribution of \$4 per day and to people under 60 for \$7 per day. This provides a person with delivery of a hot meal at noon-time and with a light supper, both left at the same time. The service is available Monday through Friday. There is some financial assistance for those who are unable to pay.

For further information, you may call 315-598-4712.

Ann Peterson

FAIR SHARE APPEAL

The Fair Share is the amount of the contribution our congregation is asked to give each fiscal year to the Unitarian Universalist Association of Congregations (UUA) and its St. Lawrence District (SLD).

These contributions finance programs, services and resources that directly benefit and strengthen our congregation and the Unitarian Universalist movement as a whole.

Fair Share is based upon the number of members a congregation certified for the UUA General Assembly the previous February. This year's combined Fair Share contribution is expected to be about \$75 per member.

Our congregation has a line item in our budget, which covers \$2,000 of our contribution. Each year we

try to pay our Fair Share in full. We make the first part of our contribution during December.

We are asking members if they are able to do so to write a check for \$75 payable to the church and to designate "Fair Share" in the memo. This would help us reach our goal. For more information, you may contact Marcia Burrell-Ihlow or Cara Lajewski.

CHURCH WEB SITE/FACEBOOK PAGE

Please remember the church Web site at <http://www.centralsquareuu.com/> and the church Facebook page at <http://www.facebook.com/pages/UU-Central-Square/199139743511564>. You can also reach the Facebook page by clicking on the Facebook link at the Web site. To see the posts on the Facebook page, you have to click on "Most Recent Posts By Others" and "See All."

The living tradition which Unitarian Universalists share draws from many sources, including wisdom from the world's religions which inspires us in our ethical and spiritual life.

The living tradition which Unitarian Universalists share draws from many sources, including Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves.

PRESIDENTIAL REFLECTIONS

Dear Friends,

Early in July I was watching a "Moyers & Company" segment on PBS when Bill Moyers announced that his next guest would be poet Philip Appleman. I thought to myself, "I don't want to watch this; I have never understood poetry." But I did watch the segment, and I shall ever be grateful that I did.

Philip Appleman is professor emeritus in the Department of English at Indiana University, Bloomington. Now 86, he appeared white-haired, bespectacled, soft-spoken, quick to smile and chuckle, and formally attired. And I understood his poetry. It was written so that I did not have much doubt about what he was saying. Much of the poetry he read in that segment concerned religion, and not in a favorable light.

Professor Appleman told Moyers, "I consider myself a humanist, not just an atheist, but a humanist." And when Moyers asked him what that meant, he replied, "Means someone who wishes he could work for the betterment of the human condition without reference to a supernatural thing."

I was so impressed with Professor Appleman that late on August 2 I e-mailed him to say, "I am sorry but I do have a question about your poem, 'Gertrude'. I wonder: If God is not responsible for Gertrude's suffering – and he isn't –, then is anyone else? Nature?"

To my great surprise and wonderful delight, he responded via e-mail early the next morning and wrote, "Briefly, the problem of suffering is like so many other 'big' questions. If we were to take religion seriously, the claim that God is all-knowing and all-powerful would make it irrefutable that He is responsible for everything that happens, including suffering.

"Those of us who are not religious must take the fact of suffering as a fact of life – i.e., that it's one of the conditions of life. In a Darwinian world, suffering is one of the by-products of our daily activity. All animal life is subject to suffering; but only humans ponder it as having some kind of meaning. A rabbit being eaten by a fox doesn't ponder the meaning of its suffering; but a human with cancer does, because our minds habitually and compulsively ponder cause-and-effect -- which is meaningful when causes and effects are identifiable, but simply frustrating when we get into the 'big' questions that require ultimate answers rather than tangible ones. Our minds have become too ambitious for our own peace of mind sometimes."

I was pleased with what I considered to be his frank and down-to-earth answer. To me it painted a realistic picture of the world that I have come to experience.

As time passed, four words Professor Appleman wrote took on special meaning to me: "a fact of life." To me this meant that everything we see or experience in life is "a fact of life." Some humans are born healthy; others are born with life-threatening or life-lasting health problems. Some humans are born to loving parents; others are not. Some humans are born into wealth; others into poverty. Some humans go to good schools; others to bad schools. Some humans get good jobs, marry, have children and live happily ever after; others fail to find good jobs, they experience unsuccessful marriages, they do not have children and they do not live happily ever after. Some humans enjoy peace; others wage war. It does not matter whether we like or dislike such "facts": they are a part of life. I am reminded of the saying, "Everyone is entitled to their own opinions but not their own facts." The best that humans might hope for is to alleviate the suffering in the world.

I ordered and read Professor Appleman's latest book of poetry, "Perfidious Proverbs." I also ordered and am reading his book, "Darwin." And almost every night I read part of an essay, "The Labyrinth: God, Darwin and the Meaning of Life," that he wrote recently in "Free Inquiry." I am delighted that I listened to this poet.

Bob

CHANTING AND MEDITATION

Anyone who is interested in chanting and meditation is invited to contact Tim Hart via e-mail at timhart@a-znet.com or via telephone at 315-439-2541.

The living tradition which Unitarian Universalists share draws from many sources, including humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against the idolatries of the mind and spirit.

The living tradition which Unitarian Universalists share draws from many sources, including spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

OCTOBER CALENDAR

5 – 5:30 p.m., Supper at the Akropolis restaurant. 7 p.m., Video Discussion Group meets in the Goettel Room to view “What It’s Like to Go to War.”

7 – 9:30 a.m., Choir practice. 10:30 a.m., Worship service led by the Rev. David Weissbard. Sermon topic: “Religion and Spirituality.” Random Acts of Kindness. 10:50 a.m., Religious education. This is the once-a-month Sunday on which you are asked by the Outreach Committee’s Social Justice Subcommittee to bring magazines to the church dining room so that you may exchange them for others. Nancy Hallock, committee chairperson, will continue the recycling process by passing on any magazines that are left to the Public Safety Building Jail in Syracuse every two or three months.

8 – Columbus Day observance.

12 – 6 until 8’ish p.m., Drum Circle.

12-13 – Annual meeting of New York State Convention of Universalists in Saratoga Springs.

13 – 9:30 to 11 a.m., Choir rehearsal.

14 – 8:30 a.m., Volunteers for Adopt-a-Highway pickup meet at the church. 9 a.m., Spiritual Committee. 9:30 a.m., Choir practice. 10:30 a.m., Worship service led by Andrea Abbott. Fourth annual Blessing of the Beasts. 10:50 a.m., Religious education. Noon, the Book Club will review the first half of Karen Armstrong’s book, “12 Steps to a Compassionate Life.” This is the once-a-month Sunday on which everyone is asked by the Outreach Committee’s Social Justice Subcommittee to donate food items for the Downstairs Scotty, which later will be taken to the Food Bank at St. Michael’s Church.

17 – 9:30 a.m., Coffee and Chat at Panera Bread, Route 31, Clay.

19 – 5:30 p.m., Supper at the Akropolis restaurant. 7 p.m., Video Discussion Group meets in the Goettel Room.

21 – 9:30 a.m., Choir practice. 10:30 a.m., Worship service led by the Rev. Tanya Atwood-Adams. 10:50 a.m., Religious education.

28 – 9 a.m., Executive Board. 9:30 a.m., Choir practice. 10:30 a.m., Worship service led by Andrea Abbott. 10:50 a.m., Religious education. 1 p.m., Guitar concert by Peter Griggs, open to the public using a free-will donation format.

RETURN THOSE BOTTLES

You may continue to help the environment and make money for the Outreach Committee by leaving your returnable bottles at the church.

A barrel into which to place your bottles stands near the entrance to the church kitchen.

Nancy Hallock, committee chairperson, is returning deposit bottles and cans for the committee treasury.

Please remember to participate in this ongoing fundraiser.

DOWNSTAIRS SCOTTY

The Executive Board has designated the second Sunday of each month as the date for the collection of food for the Downstairs Scotty. The Outreach Committee will later take the contributions of food to the Food Bank at Saint Michael’s Church.

The committee will continue to accept non-food items for the Downstairs Scotty on the second Sunday of each month and at all other times. Such non-food items include soap, detergent, bathroom and facial tissues, toothpaste, and the like.

The collection box is in the church dining room.

Remember the Downstairs Scotty as you shop.

Visit our church Web site at <http://www.centalsquareuu.com>